

MEDICAL/MENTAL HEALTH SERVICES

Barnes County: Valley City	1-800-371-9177
Health District	701-845-8518
Dickey County: Oakes Community Hosp	701-742-3291
Dickey County Health Dist	701-349-4348
Foster County: CHI St. Alexius-Carrington	701-652-3141
Public Health	701-652-3087
Griggs County: Cooperstown Medical	701-797-2221
Public Health	701-332-5624
LaMoure County: Public Health	701-883-5356
Logan County: Napoleon Clinic	701-754-2322
Public Health	701-252-8130
McIntosh County: Ashley Medical Center	701-288-3285
Wishek Hospital	701-754-2326
Public Health	701-288-3957
Stutsman County:	
Jamestown Regional Medical	701-252-1050
South Central Human Service	800-260-1310
SCHSC Crisis Line	701-253-6304
Sanford Health	701-251-6000
Essentia Health	701-253-5300
ND State Hospital	701-253-3650
Central Valley Health	701-252-8130
Medallus Urgent Care Center	701-401-8496
Wells County: Harvey Medical Center	701-324-4651
Public Health	701-547-3756

TRANSPORTATION ASSISTANCE

North Dakota Association for the Disabled	800-532-6323
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ADVOCACY / ADULT SERVICES

Community Options (East Grand Forks)	218-773-6100
Freedom Resource Center: Jamestown	701-252-4693
Protection & Advocacy	800-472-2670
North Dakota Center for Persons with Disabilities (NDCPD)	800-233-1737

EMERGENCY FOOD PANTRY

Barnes County	701-845-4300
Barnes County: Salvation Army	701-840-0098
Dickey County: Ellendale	701-349-3406
Oakes Area	701-742-3576
Foster County: Carrington	701-652-2333
Griggs County: Cooperstown	701-797-3278
McIntosh County: LaMoure	701-778-7031
Logan County: Gackle	701-754-2283
Progress Enterprises	701-251-2964
Stutsman County: Salvation Army	701-252-0290
Community Action Region VI	701-252-1821

HOUSING/RENTAL ASSISTANCE

Barnes County: Valley City	701-845-2600
Dickey / Sargent County: Ellendale	701-349-2217
Foster County: Carrington	701-652-3276
Griggs County: Cooperstown	701-662-3099
LaMoure: Contact McIntosh	701-288-3645
Logan County: Contact Stutsman	701-252-1098
McIntosh County: Ashley	701-288-3645
Stutsman County: Jamestown	701-252-1098
Wells County: Jamestown	701-252-1098



This is not a complete list of services. For more information, call 2-1-1 or visit <http://www.myfirstlink.org>

JAMESTOWN / SURROUNDING AREAS

ALCOHOL/SUBSTANCE ABUSE TREATMENT/SUPPORT

South Central Human Service Center	701-253-6300
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EMERGENCY SHELTERS

Porter Place (LSS Housing) (Bismarck)	701-222-2108
Welcome House (Bismarck)	701-751-1218
Abused Adult Resource Center (Bismarck)	701-222-8370
Lake Region Community Shelter (Devils Lake)	701-662-3732
Gladys Ray (Fargo)	701-364-0116
YWCA (Fargo)	701-232-3449
Fraser (Fargo)	701-356-8585
Dorothy Day House (Fargo)	218-233-5763

EMPLOYMENT

Job Service of ND.....	701-328-2825
Vocational Rehabilitation	701-252-6388
Jamestown Job Service	701-253-6200
Unemployment Insurance	701-328-4995

MEDICATION ASSISTANCE

Prescription Connection for North Dakota.....	888-575-6611
Prescription Drug Repository Program.....	888-575-6611

DOMESTIC VIOLENCE/RAPE CRISIS AGENCIES

Barnes County: Valley City	701-845-0072
Dickey County: Ellendale	701-349-4729
Sargent Counties: Ellendale	701-349-4729
Foster County: Jamestown	701-251-2300
Stutsman County: Jamestown	701-251-2300

COUNTY SOCIAL SERVICES

Barnes County Social Services	701-845-8521
Dickey County Social Services	701-349-3271
Foster County Social Services	701-652-2221
Griggs County Social Services	701-797-2127
LaMoure County Social Services	701-883-5301 x7
Logan County Social Services	701-754-2283
McIntosh County Social Services	701-288-5170
Stutsman County Social Services	701-952-6850
Wells County Social Services.....	701-547-3694

VETERAN RESOURCES

Barnes County: Valley City	701-845-8511
Dickey County: Oakes.....	701-742-2223
Ellendale	701-349-3249
Foster County: Carrington	701-652-2170
Griggs County: Cooperstown	701-797-3717
LaMoure County: LaMoure	701-833-5301
Logan County:	
Kidder County Veteran Services	701-475-2206
Napoleon	701-754-2751
McIntosh County: McPherson.....	701-452-2885
Stutsman County: Jamestown	701-252-9043
Region VI Community Action	701-252-1821
Wells County: Harvey	701-324-2888
Veterans Crisis Line	800-273-8255
National Veterans Administration	1-800-827-1000

LEGAL ASSISTANCE

Legal Services (Under 60 years old).....	800-634-5263
Legal Services (60+ years).....	866-621-9886



For additional copies of this pocket resource guide,
contact MFP Housing at 800-233-1737.

COUNTY SHERIFF OFFICES

Barnes County.....	701-845-8530
Dickey County	701-349-3215
Foster County.....	701-652-2251
Griggs County.....	701-797-2202
LaMoure County	701-883-5720
Logan County	701-754-2495
McIntosh County	701-288-5160
Stutsman County	701-252-9000
Wells County.....	701-547-3211

THRIFT STORES

Christys Closet (Carrington)	701-653-5287
Goodwill Store (Jamestown).....	701-253-7301
Lisbon Open Door Center	701-683-2201
Lovingly Used-Clothing (Carrington)	701-652-2858
More for Less (Cooperstown)	701-797-3499
Nearly New (Valley City)	701-845-1022
Nitas Attic (Jamestown)	701-952-2795
Nitas Attic/Coffee Haus (Napoleon)	701-754-2528
Salvation Army (Jamestown)	701-251-9142
Thrift E-Shop (Valley City)	701-845-4189
Thrift Shop (Fessenden).....	701-547-3361